

**שבת גוט!**  
**Shabbat Shalom!**  
**Gut Shabes!**  
**Buen Shabat!**  
**Good Shabes!**

[Nign at the start - nice and optional. Songs, readings and Small Group sharing placed wherever they make sense]

**Welcome to our Friday Shabes gathering,  
a time to reflect, relax and connect.**

Each Shabes gathering is hosted by community members. If you would like to host a Shabes or suggest a theme or join the planning committee, please contact [shabes@circleboston.org](mailto:shabes@circleboston.org)

**Shabes: the first worker's holiday!**

The seventh day is the Sabbath. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your ox, your donkey or any of your animals, nor the foreigner within your gates, so that your manservant and maidservant may rest, as you do. --*Deuteronomy 5:14*

On Shabes we also recognize those who sometimes cannot take a day off from work — low wage workers, caregivers, parents, and others — as we appreciate that tonight we are able to gather in community.

**Blessings**

We celebrate Shabes in some of the languages Jews have spoken throughout our history.

### ***Blessing over the candles***

The Lighting of the Shabes candles marks the transition from the every-day to a special day, from struggling to create the world as it should be to enjoying the beauty in the world as it is. It is a moment rich with spiritual reflection. As we light these candles, we encourage everyone to hold in your mind the thought of one thing that you find beautiful or appreciate about the world as it is — this could be a person, a relationship, a place, or a moment in time.

#### **In Hebrew we say**

Boruch Atah Adonoi Elohenu Melech ho'olom  
asher kedshanu b'mitzvasov vetsivanu l'hadlik ner shel shabbat.

#### **In Ladino we say**

Saludamos la nueva semana.  
Sigun la tradision de muestra komunidad,  
mozotros ensendemos las kandelas de shabbat

#### **In Yiddish we say**

Likhtik iz di shayn fun der velt,  
Likhtik iz di shayn fun mentshlekhkayt,  
Likhtik iz di shayn fun sholem,  
Likhtik iz di shayn fun shabes.

#### **In English that means**

Radiant is the light in the world,  
Radiant is the light in humanity,  
Radiant is the light of peace,  
Radiant is the light of Shabes.

### ***Blessing over the wine***

#### **In Hebrew we say**

Boruch Atah Adonoi Elohenu Melekh ho'olom  
Bo're pri hagofen.

**In Ladino we say**

Sigun la tradision de nuestro puevlo dizimos,  
kon djoya, gracias ke podemos kontinuar  
bevir poko de vino endjuntos.

**In Yiddish we say**

Lomir bagrisn dem shabes mit dankshaft un teyln zikh  
mit der frukht funem vayn.

**In English that means**

As we come to week's end, we are grateful that we can share  
the fruit of the vine together.

*Blessing over the challah*

**In Hebrew we say**

Boruch Atah Adonoi Elohenu Melekh ho'olom  
hamotzi lekhem min ha'aretz.

**In Ladino we say**

Sigun la tradision de nuestro puevlo, mos komer  
endjuntos el Challah, el pan de la tieria.

**In Yiddish we say**

Loytn yidishn mineg, teyln mir khale, di frukht  
fun der erd.

**In English that means**

In the tradition of our people, we share bread,  
the fruit of the earth

## **In closing we read together “Six Days”**

Six days we talk

Tonight we listen

Six days we build

Tonight we rest

Six days we take care of others

Tonight we nurture ourselves

Six days we work to change our world

Tonight we are renewed by what is eternal

Six days we plan for the future

Tonight we are enveloped in the present

Six days we eat and drink in haste

Tonight we savor the taste of bread and wine

and feel the bond of the world that feeds us

Six days we teach

Tonight we learn

Six days we hear the clamor

Tonight we listen for clarity

Six days we struggle to expand our influence

Tonight we are dissolved in a greater influence

Six days we focus our vision on the task at hand

Tonight we look beyond what we can see

*[Together]* May each of us find our Sabbath peace

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