

גוט שבת!
Shabbat Shalom!
Gut Shabes!
Buen Shabat!
Good Shabes!

[Please add songs & readings and/or edit the order below as fits with your program]

Welcome to our Friday Shabes gathering – a time to reflect, relax and connect.

Shabes: the first worker's holiday!

The seventh day is the Sabbath. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your ox, your donkey or any of your animals, nor the foreigner within your gates, so that your manservant and maidservant may rest, as you do. --*Deuteronomy 5:14*

On Shabes we also recognize essential workers, who often labor at more than one job, those the hardest hit by this plague. They often work throughout the entire week. While we are dedicated to changing this inequity, let us appreciate and keep close the awareness that tonight we have the time to be able to gather together in community.

Blessings

We celebrate Shabes in some of the languages Jews have spoken throughout our history.

Blessing over the candles

The Lighting of the Shabes candles marks the transition from the every-day to a special day, from struggling to create the world as it should be to enjoying the beauty in the world as it is. It is a moment rich with spiritual reflection. As we light these candles, we encourage everyone to hold in your mind the thought of one thing that you find beauty in or appreciate about the world as it is - this could be a person, a relationship, a place, or a moment in time.

In Hebrew we say

Boruch Atah Adonoi Elohenu Melech ho'olom
asher kedshanu b'mitzvasov vetsivanu l'hadlik ner shel shabbat.

In Ladino we say

Bendicho tu Adonay, nuestro Dio, Rey de el mundo
Ke nos santifiko kon sus enkomendansas

i nos enkomendo por ensender los kandelas de Shabbat

In Yiddish we say

Likhtik iz di shayn fun der velt,
Likhtik iz di shayn fun mentshlekhekayt,
Likhtik iz di shayn fun sholem,
Likhtik iz di shayn fun shabes.

In English that means:

Radiant is the light in the world,
Radiant is the light in humanity,
Radiant is the light of peace,
Radiant is the light of Shabes.

Six Days

Six days we talk

Tonight we listen

Six days we build

Tonight we rest

Six days we take care of others

Tonight we nurture ourselves

Six days we work to change our world

Tonight we are renewed by what is eternal

Six days we plan for the future

Tonight we are enveloped in the present

Six days we eat and drink in haste

Tonight we savor the taste of bread and wine and feel the bond of the world that feeds us

Six days we teach

Tonight we learn

Six days we hear the clamor

Tonight we listen for clarity

Six days we struggle to expand our influence

Tonight we are dissolved in a greater influence

Six days we focus our vision on the task at hand

Tonight we look beyond what we can see

[Together]

May each of us find our Sabbath peace.

Blessing over the wine

In Hebrew we say

Boruch Atah Adonoi Elohenu Melekh ho'olom
Bo're pri hagofen.

In Ladino we say

Bendicho el Dio alto con su grasia mos manque vino a nos y a todos Yisrael

In Yiddish we say

Lomir bagrisn dem shabes mit dankshaft un teyln zikh mit der frukht funem vayn.

In English that means

As we come to week's end, we are grateful that we can share the fruit of the vine together.

SMALL GROUP sharing. This is a time for us to spend some time reflecting together as a community.

Blessing over the challah

In Hebrew we say

Boruch Atah Adonoi Elohenu Melekh ho'olom
hamotzi lekhem min ha'aretz.

In Ladino we say

Bendicho sos Tu, Sinyor, ke azes salir pan de la tierra.

In Yiddish we say

Loytn yidishn mineg, teyln mir khale, di frukht fun der erd.

In English that means

In the tradition of our people, we share bread, the fruit of the earth.

In Closing

As the great doors of night are opening
We are welcomed into the clean quiet room of Shabes



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The next Boston Workers Circle Shabes gathering will be on _____
A donation of \$5-10 is appreciated to cover some of the cost of the Shabes gathering.

To contact the Committee: shabes-committee@googlegroups.com

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