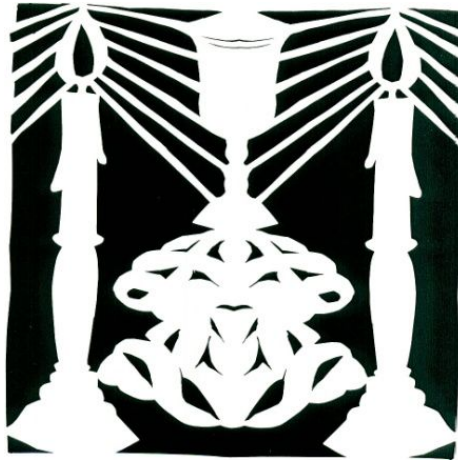


SHABBES

BWC | DAYS OF AWE | 7

! שבת גוט Shabbat Shalom! Gut Shabes! Buen Shabat! Good Shabes!



Welcome to our Friday Shabes gathering – a time to reflect, relax and connect.

Introduction to this Shabes

Shabes: the first worker's holiday!

The seventh day is the Sabbath. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your ox, your donkey or any of your animals, nor the foreigner within your gates, so that your manservant and maidservant may rest, as you do. --*Deuteronomy 5:14*

Shabes was the first workers' holiday and this Shabes takes place during the Days of Awe, a time to reflect on the year to come and to commit yourself to doing better in the future. Because of the busy-ness in our lives, it is good to take a step back and be together in community. This is our Shabes.

Blessing over the Shabes candles

The Lighting of the Shabes candles marks the transition from the every-day to a special day, from struggling to create the world as it should be to enjoying the beauty in the world as it is.

We celebrate Shabes in some of the languages Jews have spoken throughout our history.

In Hebrew we say:

Boruch Atah Adonoi Eloheinu Melech ho'olom
asher kedshanu b'mitzvasov vetsivanu l'hadlik ner shel shabbat

In Ladino we say:

Bendicho tu Adonay, nuestro Dio, Rey de el mundo
Ke nos santifiko kon sus enkomendansas
i nos enkomendo por ensender los kandelas de Shabbat

In Yiddish we say:

Likhtik iz di shayn fun der velt,
Likhtik iz di shayn fun mentshlehkhkayt, Likhtik iz di shayn fun sholem,
Likhtik iz di shayn fun shabes.

In English this means:

Radiant is the light in the world,
Radiant is the light in humanity, Radiant is the light of peace,
Radiant is the light of Shabes.

Blessing over the wine

In Hebrew we say:

Boruch Atah Adonoi Eloheinu Melekh ho'olom
Bo're pri hagofen.

In Ladino we say:

Bendicho el Dio alto con su gracia mos manque vino
a nos y a todos Yisrael

In Yiddish we say:

Tsum sof-vokh, freyen mir zikh tsu nemen
a glezele vayn tsuzamen.

In English this means:

As we come to week's end, we are grateful that
we can share the fruit of the vine together.

Blessing over the challah

In Hebrew we say:

Boruch Atah Adonoi Elohenu Melekh ho'olom
hamotzi lekhem min ha'aretz

In Ladino we say:

Bendicho sos Tu, Sinyor, ke azes salir pan de la tierra.

In Yiddish we say:

Loytn yidishn mineg, teyln mir khale, di frukht fun der erd.

In English this means:

In the tradition of our people, we share bread, the fruit of the earth.

I'm Gonna Walk It With You
(Brian Claflin and Ellie Grace)

Well, it looks like it might be a hard road
But I'm gonna walk it with you
And you know you might have a heavy load
But I can carry some too.
I will lift you up when they push you down
I will raise my voice, stand my ground
Well, it looks like it might be a hard road
But I'm gonna walk it with you.
And it looks like it might be a long night But I ain't going nowhere

And I know it's gonna be a hard fight I
will stay right here.
I will shine a light in the darkest hour
I will face the man in the tallest tower
Well it looks like it might be a long night
But I ain't going nowhere.
I will work, I will fight
I will strive in the name of love
I will speak, I will shout
I will send it to the skies above.
Well it looks like it might be a perilous climb
But I will follow your lead
And I know it might be a long time
Until the last one of us is free.
But I will hold on tight, stay by your side
I will be with you for this whole damn ride
Well it looks like it might be a perilous climb
But I will follow your lead.

I will walk. I will climb.
Shine the light the whole night through
Because it looks like it might be a hard road
But I'm gonna walk it with you.

Breakout Group sharing: How have you been showing up for yourself? Your loved ones? Your community? For justice? What changes will you make in the coming year?

In Closing

As the great doors of night are opening
We are welcomed into the clean quiet room of Shabes

