>Welcome to our Friday Shabes gathering – a time to reflect, relax and connect.

Shabes: the first worker’s holiday!
The seventh day is the Sabbath. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your ox, your donkey or any of your animals, nor the foreigner within your gates, so that your manservant and maidservant may rest, as you do. --Deuteronomy 5:14

On Shabes we also recognize essential workers, who often labor at more than one job, those the hardest hit by this plague. They often work throughout the entire week. While we are dedicated to changing this inequity, let us appreciate and keep close the awareness that tonight we have the time to be able to gather together in community.

Blessings
We celebrate Shabes in some of the languages Jews have spoken throughout our history.

Blessing over the candles
The Lighting of the Shabes candles marks the transition from the every-day to a special day, from struggling to create the world as it should be to enjoying the beauty in the world as it is. It is a moment rich with spiritual reflection. As we light these candles, we encourage everyone to hold in your mind the thought of one thing that
you find beauty in or appreciate about the world as it is - this could be a person, a relationship, a place, or a moment in time.

**In Hebrew we say**

Boruch Atah Adonoi Eloheinu Melech ho'olom  
asher kedshanu b'mitzvasov vetsivanu l'hadlik ner shel shabbat.

**In Ladino we say**

Bendicho tu Adonay, nuestro Dio, Rey de el mundo  
Ke nos santifiko kon sus enkomendansas  
i nos enkomendo por ensender los kandelas de Shabat

**In Yiddish we say**

Likhtik iz di shayn fun der velt,  
Likhtik iz di shayn fun mentshlekhkayt,  
Likhtik iz di shayn fun sholem,  
Likhtik iz di shayn fun shabes.

**In English that means**

Radiant is the light in the world,  
Radiant is the light in humanity,  
Radiant is the light of peace,  
Radiant is the light of Shabes.

*Shekheyanu /Shehecheyanu/Shehekheyanu*

**In Hebrew we say**

Baruch atah, Adonai Eloheinu, Melech haolam, shehecheyanu, v'kiy'manu,  
v'higiyanu laz'man hazeh.

**In Ladino we say**

Bendicho Tu Adonay nuestro Dio rey de el mundo, ke nos abediguo i nos sostuvo, i  
nos ayego a el tiempo el este.
In Yiddish we say
   Mir rufn oys undzer groys freyd un dankshaft far undzer lebn tsuzamen.

In English we say
   We are grateful that we have lived to see this new day together.

Blessing over the wine

In Hebrew we say
   Boruch Atah Adonoi Elohenu Melekh ho’olom Bo’re pri hagofen.

In Ladino we say
   Bendicho el Dio alto con su grasia mos manque vino a nos y a todos Yisrael

In Yiddish we say
   Lomir bagrisn dem shabes mit dankshaft un teyln zikh mit der frukht funem vayn.

In English that means
   As we come to week’s end, we are grateful that we can share the fruit of the vine together.

SMALL GROUP sharing.

Blessing over the challah

In Hebrew we say
   Boruch Atah Adonoi Elohenu Melekh ho’olom hamotzi lekhem min ha’aretz.

In Ladino we say
   Bendicho sos Tu, Sinyor, ke azes salir pan de la tierra.
In Yiddish we say
    Loytn yidishn mineg, teyln mir khale, di frukht fun der erd.

In English that means
    In the tradition of our people, we share bread, the fruit of the earth.

SONG: Dos Naye Lid (The New Song) see lyrics at the end of this program

In closing we read together “Six Days”
Six days we talk
    Tonight we listen
Six days we build
    Tonight we rest
Six days we take care of others
    Tonight we nurture ourselves
Six days we work to change our world
    Tonight we are renewed by what is eternal
Six days we plan for the future
    Tonight we are enveloped in the present
Six days we eat and drink in haste
    Tonight we savor the taste of bread and wine and feel the bond of the world that feeds us
Six days we teach
    Tonight we learn
Six days we hear the clamor
    Tonight we listen for clarity
Six days we struggle to expand our influence
    Tonight we are dissolved in a greater influence
Six days we focus our vision on the task at hand
    Tonight we look beyond what we can see

[Together UNMUTED!] May each of us find our Sabbath peace
We will send an email to everyone with a link to a page that invites you to send haiku you have written to be posted on the BWC website and also we’ll send a link to a recording of the January Haiku class with Jeannie Martin. The next Workers Circle Shabes gathering will be on March 5. The theme will be Beloved Animals. This will be a family friendly evening, good for all ages, to which your pets are invited to come at the start.

A donation of $5-10 is appreciated to cover some of the cost of the Shabes gatherings. You can donate at circleboston.org/donate. You are welcome to stay and schmooze for another 30 min.

Boston Worker Circle 6 Webster St, Brookline, MA 02445 617-566-6281